



33th MTM NARODNI DOM LJUBLJANA
LJUBLJANA, SI-SLOVENIA
28th-29th MARCH 2020



DIRECTIVES

Event ID:

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Slovenia and its member KRG Narodni dom Ljubljana has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Gymnastics Federation of Slovenia Koprska 29, 1000 Ljubljana TEL: +386 1 256 66 26, GSM: +386 40 256661 FAX: +386 1 256 66 26 email: info@gimnasticna-zveza.si web site: http://www.gimnasticna-zveza.si
LOCAL ORGANIZING COMMITTEE	KRG NARODNI DOM LJUBLJANA Contact person: Mrs. Ana Rebov Koprska 29, 1000 Ljubljana phone number: 00 386 31 343 522 (mobile, also Viber and WhatsApp) e-mail: info@ritmika.si web site: http://rgform.eu/event.php?id_prop=1623
LOCATION	LJUBLJANA, SLOVENIA
DATE	From 28th March to 29th March, 2020
VENUE	SPORT HALL "Gimnastični center", Koprska 29, 1000 Ljubljana, Slovenia Šport Ljubljana: https://www.sport-ljubljana.si/Gimnasticni_center/
APPARATUS SUPPLIER	Floor: FIG certified SPIETH RG competition floor "BEIJING" 14 x 14 m, ref. number 1790280 Replacement Apparatus Rope – Pastorelli Art. 00121FIG Rope, model "New Orleans", Polyester, Metallic Part, various colors Hoop – Venturelli Art. HO18-85/17 Hoop, 85 cm Juniors / 87 cm Seniors inside diam, weight 300 g, Polyethylene Ball – Sasaki M-20A-F Ball, 18,5cm Ø, Rubber, weight 410 g, +/- 5 g Clubs – Pastorelli Art. 00222FIG Clubs, Mod. Masha, 45,2 cm long, 155 g each, PlasticRubber, with possibility to fit together, various colors Ribbon – Seniors and juniors: Pastorelli Stick without ribbon, with rubber grip, 59,5 cm long, weight 24 g, Fibreglass, Titanium Art. 00400FIG Juniors: Ref. 301500-0004-58 Ribbon without stick for Juniors Chacott, 5cm wide, 5m and above, Rayon Seniors: Ref. 301500-0001-98, 301500-0090-98 (former Ref. 5359-65401, 5301-65490) Ribbon without stick for seniors Chacott, 5cm wide, 6m and above, Rayon
GYMNASTS' HAND APPARATUS	The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019. The list of the RG Hand Apparatus with valid certificates is published on the FIG website (here) and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any

	<p>other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</p>				
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Code of Ethics • Technical Regulations • Code of Points and relevant Newsletters / Helpdesk • General Judges' Rules • Specific Judges' Rules • Anti-Doping Rules • Medical Organisation of FIG Competitions and Events • Framework for Safeguarding during Events • License Rules • Media Rules • Apparatus Norms • Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules • Regulations for Award Ceremonies • Accreditation Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>				
FEDERATIONS INVITED	All FIG member federation in good standing and contestants from clubs with valid FIG license are invited.				
DELEGATION	<p>4 gymnasts, maximum 2 in each category</p> <p>1 Coach</p> <p>1 Judge compulsory</p>				
AGE LIMITS	<p>SENIOR individual: 2004 and older (16 + years)</p> <p>JUNIOR individual: 2005-2007 (13-15 years)</p> <p>All gymnasts must have a valid FIG license until the end of the event.</p>				
JUDGES AND JURIES	All judges must have a current valid FIG brevet at the time of the event in the respective discipline (RGI). Fee for delegation without a judge 100€.				
REGISTRATION DEADLINES	<p>Online registration on http://rqform.eu/event.php?id_prop=1623</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Definitive registration:</td> <td>13th February 2020</td> </tr> <tr> <td>Nominative registration</td> <td>13th March 2020</td> </tr> </table>	Definitive registration:	13 th February 2020	Nominative registration	13 th March 2020
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ENTRY FEES	<p>The Entry fee for this event will be:</p> <p>40 EURO per each individual gymnast</p>				
ACCREDITATION	<p>Accreditations will be issued upon arrival in the gym.</p> <p>Delegations must present (if not sent by email previously):</p> <ul style="list-style-type: none"> ○ National anthem ○ Insurance for all members of delegations ○ FIG licenses for gymnasts and judges ○ Music for all exercises of gymnasts ○ Receipt of payment of start fee, accomodation and meals 				
EVENT FORMAT	<p>Competition FIG program 2017-2020.</p> <p>Seniors individual: hoop, ball, clubs, ribbon</p> <p>Juniors individual: rope, ball, clubs, ribbon</p> <p>All-around:</p> <ul style="list-style-type: none"> ○ max 2 competitors from one country in concourse (if more then two, two with the best results are in concourse, others out) <p>Finals per apparatus:</p> <ul style="list-style-type: none"> ○ 8 best gymnasts per apparatus ○ + 1 gymnast from the organizing country Slovenia ○ max 1 from each country 				
PROVISIONAL SCHEDULE	<p>Friday 27th March 2020:</p> <ul style="list-style-type: none"> • arrival of delegations 				

	<ul style="list-style-type: none"> • official training • technical meeting and judge's instruction <p>Saturday 28th March 2020:</p> <ul style="list-style-type: none"> • competition all around <p>Sunday 29th March 2020:</p> <ul style="list-style-type: none"> • Finals (juniors, seniors) <p>Monday 30st March 2020: departure of delegations</p>
MEDICAL SERVICES	Medical services will be provided on official training and both days of competition. The competition hall also has AED defibrillator. The nearest hospital is very close by: UKC Ljubljana, Zaloška 2, 1000 Ljubljana.
VISA	Please verify immediately with your travel agent or the Slovenian Embassy or Consulate in your country if a visa is required for your travel to Slovenia. The LOC will be happy to assist each delegation member with an official invitation letter, provided if request is made before 7 th February 2020. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member as well as the city the visa application support letter must be sent to.
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: residents of EU: 16€ per person for 3 days) or 23€ per person for 5 days, non-EU: 24€ per person for 3 days or 31,5€ per person for 5 days</p>
INTERNATIONAL TRANSPORTATION	The invited participating federations must pay for the travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by 13 th March 2020.
LOCAL TRANSPORTATION	<p>The LOC will cover the transportation to/from the hotel from the airport Jože Pučnik in Ljubljana, Ljubljana train station or Ljubljana bus station upon arrival and by departure.</p> <p>The LOC will cover the transportation to/from M hotel to/from the Competition Hall Gimnastični center Ljubljana, Kopraska 29.</p> <p>All other transport is the cost of delegation. The LOC will be happy to find the best option.</p>
ACCOMMODATION	<p>M HOTEL Derčeva 4, 1000 Ljubljana, SLOVENIA +386 1 513 70 00, info@m-hotel.si, www.m-hotel.si</p> <p>The costs in this first hotel per person per day with breakfast are as follows: 80 € / person / day (in single room including breakfast and tourist tax) 60 € / person /day (in double/twin room, including breakfast and tourist tax) 55 € / person /day (in triple room, including breakfast and tourist tax) Each extra lunch or dinner in the hotel costs 10€.</p> <p>Šport hotel Ljubljana Kopraska 29, 1000 Ljubljana, Slovenia +386 5 917 92 70, hotel@sport-ljubljana.si, https://www.sport-ljubljana.si/Sport_hotel_Ljubljana/ The costs in this second hotel per person per night without breakfast are as follows:</p>

	<p>55 € / person / day (in single room including tourist tax) 33 € / person /day (in double/twin room, including tourist tax) 27 € / person /day (in triple or quadruple room, including tourist tax) There is no served meals available in Sport hotel, but there is a kitchen you can use to prepare food and a bar that offers snacks (croissant, pizza, sandwich). The grocery store is close by.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 13th March 2020 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis. The invited participating federations must pay for the accommodation expenses of their delegation members. The costs for the accommodations must be paid to the LOC by 20th March 2020 on bank account. In case of cancellation we keep 10€ per person per night.</p>																								
MEALS	<p>All gymnasts will receive lunch (sandwich+fruit) on both days of competition. For the judges and the coaches there will be warm buffet on both days. In M hotel breakfast is included in the price of the room. Every lunch or dinner is an extra 10€. No meals to order in the Sport hotel. The invited participating federations must pay for the meals expenses of their delegation members. While the Meals Form must be returned to the LOC by 13th March 2020 at the very latest, the costs for the meals must be paid to the LOC by 27th March 2020 in cash or by bank transfer.</p>																								
CANCELATION POLICY	In case of cancellation of gymnast after 20 th of March we keep 10€ per gymnast from start fee and 10€ per person per night from accommodation.																								
FINAL BANQUET	The Final Banquet will be free of charge for all members of delegation.																								
BANK ACCOUNT INFORMATION	<p>Name of organization: KRG Narodni dom Ljubljana, Address: Ob dolenski železnici 50, 1000 Ljubljana, Slovenia Account number : 02053-0010794153, SWIFT (BIC): LJBASI2 The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>																								
MARKETING	FIG advertising and publicity norms must be respected																								
SOCIAL MEDIA	<p>Web: www.klubrg-narodnidom.si Youtube: https://www.youtube.com/channel/UCOFVsxBIHyb2c5VVd5C-sNA FB: https://www.facebook.com/Klub-za-ritmi%C4%8Dno-gimnastiko-NARODNI-DOM-LJUBLJANA-286485421363013/ Instagram: Klub za ritmično gimnastiko NARODNI DOM LJUBLJANA</p>																								
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ADDITIONAL INFORMATION	<i>At the same time we organize a competition for younger categories and B level. Find more information on http://rgform.eu/event.php?id_prop=1623</i>																								

Sincerely Yours,

Place and date:
Ljubljana, 20.12.2019



Damjan Kralj, President